



ANNUAL REPORT

April 2018 - March 2019

Director's Message

CADRRE celebrated its first anniversary this year. From the humble beginnings that it has had, CADRRE today functions from an independent facility located in the heart of the city. CADRRE came about when a group of people got together to look at Autism as one of the key areas in the disability sector that needed attention. Having taken up the vision of transforming the lives of children on the spectrum, we have been getting overwhelming support and cooperation in the direction.

CADRRE has decided very early on that it will implement the best practices in the field, instead of strictly adhering to a particular methodology. In our choice to assimilate the various evidence-based interventions, CADRRE wishes to provide the state-of-the-art interdisciplinary interventions available to a child on the spectrum. We collaborate and consult with the best professionals and institutions working in the area of Autism to ensure that we are abreast with the latest developments in the area.

This year provided us with opportunities of immense learning, as our team visited the McGovern Institute for Brain at Massachusetts Institute of Technology, IMPACT Practice Centre at Massachusetts General hospital, Stanford University, May Institute, T.H Chan division of Occupational Science Therapy at University of Southern California, University of California Los Angeles, and The Foundations for Understanding Social Engagement (FUSE) Preschool. CADRRE was able to collate the best practices followed in these premier institutions of the world and tailor it according to the needs of the children at CADRRE.

CADRRE successfully hosted its first International Autism Conference in August 2018. The conference saw the participation of 31 speakers from 8 countries and 120 delegates from eleven countries. The platform saw the best minds from world over in the area of Autism discuss an array of topics spanning the lifespan of a person on the autism spectrum. CADRRE hopes to continue working with these experts to build authentic information on Autism to help professionals and parents working in this field to come up with solutions to better the lives of people on the spectrum.

CADRRE also hopes to initiate one more facility in the city solely for the children who are above 12 years. The centre will impart skills for daily living and also expose children to various vocational skills and mediums of art like pottery, decoupage, culinary skills etc. in addition to basic functional academics.

I would like to express my gratitude to our donor patrons Sun Tec Business Solutions, UST Global, Trivandrum International School, and Malayala Manorama for supporting us in our journey so far.

G. Vijaya Raghavan
Founder & Hon. Director, CADRRE

Vision

To transform the lives of people with Autism through best practice principles and family-centered holistic care across the lifespan.

Objectives

- Provide evidence-based individualized intervention programs
- Provide a developmental specific and structured learning program
- Monitoring and managing comorbidities and progress (continuous assessment)
- Provide continuous family education and support
- Empower the family to be the primary therapist
- Foster important skills
- Assist in mainstreaming to formal education and employment
- Provide for empowering assisted living for adults with autism
- Conduct research on the different aspects of autism and its comorbidities
- Advocacy for Autistic children and affected families
- Help design appropriate government policies to continually strengthen intervention programs

Guiding Principles

CADRRE will be driven by and dedicated to the following principles:

Pursue Excellence We relentlessly pursue high standards-so high that they may seem unreasonably high. We continually benchmark ourselves against the best professionals and institutions globally and drive ourselves to deliver the highest quality services and interventions to people with Autism.

Focus on Inputs and Results We focus on the key inputs required to ensure that the best results are delivered in a timely fashion. our work is based on scientific assessments and evidence-based interventions to achieve measurable targets. If there are setbacks, we rise to the occasion and are never satisfied until we achieve our set goals.

Holistic Approach We focus on the holistic development of those with Autism across their lifespans and will follow any proven intervention without being constrained by any single school of thought, to attain our eventual target of mainstreaming and independent living as early as possible.

Build Trust We are passionately committed to the development of the best practices and facilities required for people with Autism to succeed. We work vigorously to earn and keep the trust of all our stakeholders.

Innovate We operate in an open environment that welcomes new ideas and changes and we adapt to/ with the needs of the times.

Work with Integrity We conduct ourselves with the utmost integrity and professional ethics in all our activities.

Nurture the Team We recognize and recruit exceptional talent and continuously raise the bar on performance and actively provide opportunities for growth. We give serious consideration to mentoring. We work as a team and there is no task that we will say no to.

Practice Frugality We do not spend money on things that do not contribute to the development of people with Autism.

Introspect We do not believe that all of us are perfect. We proactively come forward with concerns and suggestions, even if doing so is awkward or embarrassing. We are sincerely open-minded, genuinely listen, and are willing to re-examine our actions and decisions with humility. We shall keep an open mind and act upon the findings and recommendations of well-wishers from within and outside the organization.

Summer Camp

CADRRE conducted a summer camp in April. The two-week summer camp was a mixed bag of surprises for our students who were in for a treat each day. From music to dance to art and craft, the children had the opportunity to try their hand at various art forms, each carefully selected to develop an existing skill or inculcate a new interest to improve their perception of, and interaction with their surroundings.



Splashing each other with water balloons, playing hopscotch, messing around with foam and gum, and kneading clay, the children were posed with different challenges each day. They had the opportunity to meet and interact with eminent artists from different fields. Soumya Sanathanan, a renowned percussionist and singer, flagged off the summer camp with an array of rare percussion instruments for the children to explore. She laid down a beat and the children caught up with her, jingling, rattling and tinkling. While Sugeetha Menon had puppets singing English rhymes to the children, Vishnu Nanthunni rendered soulful folk tunes, for them. It rained confetti, flowers bloomed out of thin air and the rules of gravity were defied as Preeth P put his magic to work. Linnet Francis whipped up some quick bites along with the help of her young sous chefs from CADRRE who took great care to ensure the food not only tasted good but also were a treat to the eyes as well. A grandfather's craving for kozhakatta that leads to a series of comical events, a clever crow familiar with the rules of displacement much before Archimedes and many more such tales had the children listening intently to Saraswathy Nagarajan, a journo.



Art and craft were intrinsic to the summer camp. It gave the children an opportunity to explore different media and express themselves. Each task was chosen with great care to help develop proprioceptive, vestibular, gross and fine motor skills in the children. Delicately crafted wall hangings, mobile stands, greeting cards, keychains & fridge magnets were few of the products the children created along with the teachers. An exhibition of the products crafted by our students was on display on the last day of the camp, that was open to well-wishers, parents and families of students who were pleasantly surprised at the quality of products and the attention to detail. Clapping their hands and tapping their feet, both children and parents joined percussionist and Hindustani vocalist Charu Hariharan as she sang some popular songs for the gathering.





G. Vijaya Raghavan, Hon. Director – CADRRE, gave away certificates to all the students and their siblings who took part in the camp. A small step for CADRRE, the camp came across as an eye opener for many on autism and its myriad moods.

Vishu



Back to School









Painting the aviary wall



Trip to the zoo



Onam



Teachers' Day



Navarathri



Trip to Biodiversity museum



Childrens' Day



Trip to Fire Station and Police Station



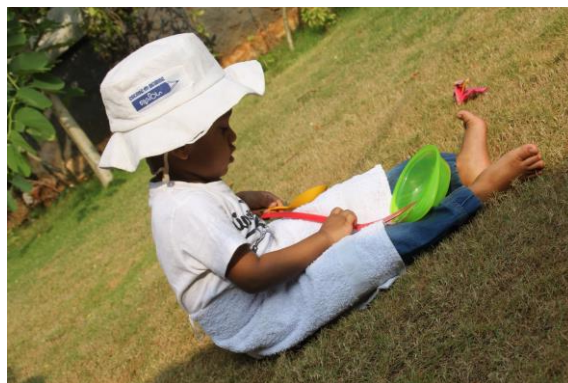
Christmas Celebration



Trip to Agricultural College Vellayani



Role Play – Community Helpers



Trip to Oceanus



Monsoon Shower



Picture Exchange Communication System (PECS) Training

Communicating through pictures has existed since the time of our stone age ancestors who used pictures not only to decorate their walls but also for didactic purposes. Simplistic line drawings scratched onto rocky surfaces or drawn into the mud were used to communicate at a time when spoken languages didn't exist. This is the same principle employed for Picture Exchange Communication System (PECS), a method used to encourage communication in autistic children, especially those who are non-verbal, through the use of pictures to elicit answers from them.

Veronica Armson, Associate Head Teacher, and Kate Daintith, Specialist Literacy Teacher, from Phoenix School, London, that does some exemplary work in the field of autism, were at CADRRE to educate and train the team about the benefits of PECS. PECS is a method of identifying an object or activity the child enjoys and then using pictures corresponding to the object or activity to encourage them to point out or communicate what he would prefer. As the child becomes familiar with the concept, he will start pointing out to the picture of his own accord or sometimes even voice his preference out loud. Although this method is most commonly used for children on the spectrum, it is also used for children with other cognitive and communication challenges.

Veronica and Kate demonstrated the advantages of PECS for children on the spectrum, especially those who are non-verbal or reluctant speakers. They threw light on how visual time- tables and algorithms could be used to encourage the child to follow a routine or pick up a skill by following visual cues. Being affirmative and pleasantly expressive is essential for professionals working with PECS.



Applied Behaviour Analysis (ABA) Training

Applied Behaviour Analysis (ABA), a much-debated methodology, has an edge over other therapies because it is a holistic, scientifically authenticated approach and a scale to gauge in detail the progress of a child. However, its occasional aggressive character does raise a lot of eyebrows.

Passionate and enthusiastic Meera Ramani, Founder & Director of Behaviour Enrichment in UAE, which focuses on ABA-focused speech and behaviour intervention for intellectually challenged children, dispelled a lot of myths surrounding ABA during her session at CADRRE. She was accompanied by Rajashree Balasubramanian, Operations Head at Behaviour Enrichment.

Touching upon the basics of ABA, she underlined how ABA relied on data, which is collected rigorously during each class. The data is compiled and analysed to study the progress of a child. She reiterated how ABA practitioners had to practise to be swift with their hands and questions and be thorough with the technique before working with the children. During the interactive session, all participants had an opportunity to take part in role play and try their hand at ABA.

The session was attended by professionals from the Government Ayurveda College, Sri Dhanwanthari Clinic, Trivandrum International School, NISH, Sree Chitra Tirunal Institute for Medical Sciences and Technology and the CADRRE team.

Conferences Attended

Haritha S. Mohan, Speech Language Pathologist at CADRRE, presented a paper at the CRE program that was organized by Bharati Vidyapeeth, School of Audiology and Speech Language Pathology in Pune, on “Augmentative and Alternative Communication in Children with Communication Disorders”. Her paper titled ‘Effects of PECS intervention on Social Communication Skills in ASD’ was shortlisted among many entries and awarded the title of best paper.

International Autism Conference 2018

“Autism is not a disorder. It could be a disability but not a disorder,” said Wenn Lawson at the International Autism Conference, setting the tone for the three days of the conference. A psychologist, lecturer, poet and writer who is on the spectrum himself, Wenn is the father of an autistic child and grandfather to two autistic grandchildren. He contested the idea of what constitutes ‘being normal’? Wenn threw light on autism in relation to gender, emphasizing that girls on the spectrum often tend to keep things to themselves, so in a number of instances their difficulties are overlooked. Founder-director of Action for Autism and the mother of a son on the spectrum, Merry Barua corroborated Wenn’s statement and urged parents to be change makers not just to ensure that their child is independent but also to create an interdependent society.



Educating people on the spectrum

With regard to education and interventions for children on the spectrum, Jacqueline Roberts, Chair of the Autism Centre of Excellence at Griffith University, Australia, took everyone through a timeline of education for people on the spectrum that has, over time, evolved from institutionalization to inclusion. Visual supports, structured routine, keyboards as an alternative to writing, providing printed copies of the notes written on the board etc. were some changes she suggested that could help children on the spectrum adapt to mainstream

schooling. Inclusion could be implemented only through specific sensory techniques coupled with environmental modifications incorporated in the classroom setting to help children cope with various sensory issues said Renee Watling, Clinical Assistant Professor at University of Puget Sound Australia.



Deborah Keen, Professor of Education at the Autism Centre of Excellence, Griffith University stressed on empirically sound and effective practices that should be propagated amongst parents to prevent stake holders from implementing ineffective interventions.

Research and Alternate Therapies

Founder-director of ComDeall, Prathibha Karanth, ABA practitioner Gita Srikanth, Clinical-director of Play Street Specially Aabled Educare Trust and Kid Street Preschool in Bangalore,

Shereen Idiculla, Deputy Director and Head of clinical unit BUP-KIND at Karolinska Institute in Sweden, Steve Berggren and animal-assisted psychotherapist Anjana Thampy gave a slice-of-life experience of intervention techniques and alternate teaching methods followed by them. While Steve Berggren took the audience through a video game he developed to help children on the spectrum decode emotions, Pratibha Karanth, had much to offer on the intensive ComDEALL early intervention program, which has shown impressive results. Gita Srikanth illustrated how positive reinforcements could elicit positive behaviour from children on the spectrum while Shereen Idiculla emphasized on how pivotal it was to address sensory and motor issues to facilitate verbal communication in children on the spectrum.

Alternate therapies such as animal-assisted therapy was discussed by Anjana Thampy while magician Gopinath Muthukad spoke about using conjuring tricks to help children on the spectrum. Sudha Ganesh, music therapist with CADRRE explained the many benefits music has on individuals on the spectrum. Principal and Professor at Ashtamgam Ayurveda Vidyapeedham in Kerala, Dr. Prasad M and Professor at Kaumarabhrithya (Pediatrics), Government Ayurveda College Hospital for Women and Children, Kerala, Dr. Roshni Anirudhan, both Ayurveda doctors, explained how Ayurveda recognised autism more as an issue associated with the gut and how this school of medicine advocated “working inside out” to help manage autism. Since autism overlaps areas of intellectual and physical disabilities, it is challenging for therapists and medical professionals to gauge the overall well-being of the individual. A Professor in clinical neuropsychology at the University of Amsterdam, Netherlands, Professor Hilde Geurts, a child psychiatrist and the Chairman of the Medical Board of Singapore’s Institute of Mental Health, Daniel Fung and Dr. Prasad stressed upon how the mind and the body should work in perfect harmony and how attaining this would require implementing a combination of age-appropriate therapy and medical interventions.





A core member at the McGovern Institute for Brain Research in Massachusetts Institute of Technology and a neuroimaging data scientist at the Department of Psychiatry at Massachusetts General Hospital, Dr. Sheeba Arnold, and neuroscientist with appointments at MIT, Massachusetts General Hospital and the Broad Institute in Cambridge, Massachusetts, Dr. Jitendra shared with the audience their insights on their cutting-edge research in the respective areas of brain neuroimaging and brain rewiring. These data-driven studies, could in the near future, pave the way to personalized medicine. An in-depth understanding of genetic variations in relation to autism was given by Varun Warriar, postdoctoral researcher at the Autism Research Centre, Cambridge, who said that autism is not a unitary structure but a combination of factors.

Psychotropic intervention was highlighted by Dr. Arun Pillai, a child and adolescent psychiatrist based in Australia, who spoke of its benefits and drawbacks on children on the spectrum. An autism specialist and author based in Israel, Tali Berman's, Whole Child Approach, similar to CADRRE's model, aimed at improving six critical aspects of development – social skills, communication, education, motor skills, independent life skills and emotional well-being. The Whole Child Approach also emphasized on the critical role of integrative therapies aimed at healing underlying medical issues for the holistic development of the child.

Assisted living

President at the Autism Ashram & Autism Friendly Village, Hyderabad, A K Kundra, shared with the listeners the model of his assisted-living commune and addressing the future of individuals on the spectrum after the time of their parents and care givers. A good commune

would be spacious, hygienic, safe and well-equipped to cater to the needs of those on the spectrum and help them live meaningfully, said Kundra. Founder director & managing trustee of Bubbles Centre for Autism, Sarbani Mallick, encouraged the delegates to think of generating options for vocational training and skill development programs for individuals on the spectrum to help young adults on the spectrum find employment.

Life experiences

Bill Wong, an occupational therapist, and Matt Savage, a savant jazz musician, on the spectrum, shared anecdotes from their lives. While Bill shared with the audience the importance of persistence and believing in oneself, Matt spoke about how he had to teach himself to be flexible in accepting changes, making eye contact, interacting with crowds etc. as part of his musical career.

Parenting skills

Getting over the denial phase quickly, starting intervention as early as possible, channeling the child's obsessions into something productive, introducing them to new skills and so on were some of the tips offered by parent speakers such as Smrithy Rajesh, Swaminathan Rajan, Sulekha A K and Rajeev Kamath.

Battling the odds

Two feisty women with a sharp sense of humour, Shalini Saraswati on her blades and Dhanya Ravi on her wheelchair, which she calls her BMW, have proved that will power, perseverance and a bit of luck can make the human mind perform miracles.

The CADRRE model

G. Vijaya Raghavan and his team presented the CADRRE model, which revolves around the inter-disciplinary approach comprising speech therapy, occupational therapy, psychology, literacy education, Ayurveda, life-skills training, art and music therapy.

Learning from the best

Lekshmi Nair, Advisory Board member, and Annie Charles, Occupational therapist visited centres in Los Angeles, San Francisco Bay Area and Boston that offer services to people on the Autism spectrum with the aim to pick up best practices that CADRRE can adopt, to look at the infrastructure facilities, assessment tools, assistive technology, curriculum, to explore possibilities to collaborate on research projects, and to bring training programs to Trivandrum on Sensory Integration and A-DOS

- Early Intervention - Open Mind School, FUSE preschool
- Therapy - Pediatric Therapy Network, University of California, Los Angeles - Semel Institute of neuroscience and human behaviour, Boston Children's Hospital
- Skills Building - Autistry Studios, The Guild for Human Services, May Institute
- Assistive Technology - Tech Resource Marin
- Assisted Living - Sweetwater Spectrum, The Guild for Human Services, May Institute
- Capacity Building - University of Southern California - USC Chan Division of Occupational Science and Occupational Therapy, University of California, Los Angeles
- Research - University of Southern California - USC Chan Division of Occupational Science and Occupational Therapy, University of California, Los Angeles - Semel Institute of neuroscience and human behaviour, Stanford University - Stanford Autism Center
- Meeting parents of non-verbal children on the spectrum doing grade-level curriculum in middle school, high school and undergrad studies



At Autistry Studios, San Rafael, California



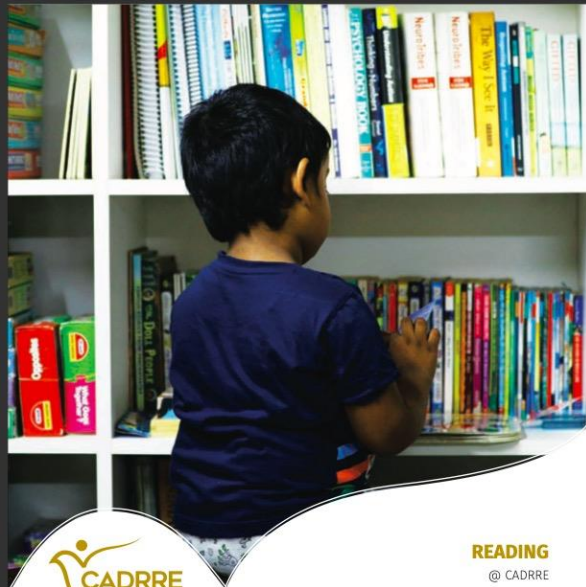
Pediatric Therapy Network Gym



With Dr Catherine Lord, Developer of ADOS, University of California, Los Angeles

CADRRE Calendar 2019

We bring out annual theme-based calendars with the aim of spreading awareness on autism and to showcase the positive strides taken by people and organizations towards the same. The first calendar featured individuals on the spectrum who have carved out a niche for themselves. This year's calendar is a tribute to all those mothers who went that extra mile to destigmatize Autism and bring attention to the needs of autistic children.



READING
@ CADRRE

CADRRE

January 2019

S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5	6	7	8	9	10	11	12
13	14	15	16	17	18	19	20	21	22	23	24	25	26
27	28	29	30	31									



THE NEW FACE OF BRAVERY

Don't hesitate, talk about it. Educate, inform and, if you need to, wage a war for your child. For Merry Barua, whose son is on the spectrum, what started as a passionate battle to increase people's knowledge of Autism culminated in the formation of 'Action for Autism', an organization that works with individuals on the spectrum and also nudged the Indian Government to include Autism in the rights of Persons with Disabilities Act.

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Students Enrolled

18 students, between the ages 3 to 15, were enrolled at CADRRE from April 2018 to March 2019.

Pre-School	4
Junior	7
Pre-Teen	6
Teen	1

Free Autism Assessments

CADRRE has started providing a free autism assessment to all. Our assessment team comprises of a speech-language pathologist, occupational therapist and psychologist. Assessment is conducted with standardized tools. The child along with both the parents have to be present for the assessment. After assessing the child, our team suggests a course of action to be followed. We have carried out a total of 102 assessments so far.

Team CADRRE



Malini G Unnithan
Centre Coordinator

She quit her successful corporate career of 14 years with SunTec Business Solutions and chose to join CADRRE to be part of a meaningful cause. A rank holder in her Post Graduate Diploma in Management Studies (PGDMS) from Mysore University and a graduate in Bachelor of Business Administration, she was the first person to join the team. In addition to being genuine and humane, she is extremely patient, and dedicated to achieving CADRRE's vision.



Swathy A
Speech Language Pathologist and Special Educator

Swathy holds a Bachelor in Audiology Pathology (BASLP) from NISH – National Institute of Speech and Hearing and Masters in Speech Language Pathology from AIISH - All India institute of speech and Hearing. She has 5 years of experience working with children on the spectrum. She focuses her intervention to improve Speech, language and communication abilities of the children on the spectrum and also help children overcome sensory, motor, and social skills associated with feeding difficulties there by improving nutritional outcomes and reducing the stress on the entire

family



Neethi S. Raj
Psychologist and Special Educator

A post-graduate in Counseling Psychology from Loyola College of Social Sciences, she has been part of several social initiatives. Gentle and pleasant by nature, she joined CADRRE to help children understand themselves and their surroundings better



Annie Charles
Occupational Therapist and Special Educator

A graduate in Occupational Therapy from MGR Medical University, she is a recipient of the Jean Bald medal for outstanding performance by a student. She has over 13+ years of experience working in India and abroad and has a certification in Basic Developmental Therapy course for children with Cerebral Palsy and other neurological handicapped from Manipal University. A recipient of the Excellence Award from the Ministry of Health, Kuwait, she also holds an MBA in hospital management from Annamalai University. She also has a masters in social work and is currently pursuing her PhD in social work from Annamalai University.



Lekshmy Raghavan
Art Teacher

Lekshmy holds a Bachelor in Fine Arts from the National Institute of Speech and Hearing, (NISH) Trivandrum, a premier institution in the country for the hearing impaired. She also holds a diploma from the prestigious Gallaudet University. She worked in Toonz Animation Academy prior to joining CADRRE. A highly creative soul with an eye for detail, Lekshmy works as an art teacher at CADRRE inspiring the children to explore in various mediums of art.



Parvathy Raghavan
Art Teacher

Parvathy Raghavan who is Lekshmy's twin, shares a journey similar to her sister's. She holds a Bachelor in Fine Arts from the National Institute of Speech and Hearing (NISH), Trivandrum and a diploma from Gallaudet University. Prior to joining CADRRE as an Art Therapist she worked in Toonz Animation Academy. She is a diligent soul who loves spending time with kids and helps them explore the various avenues of art for our students.



Sulekha Raja
Special Educator

Sulekha Raja is the mother of a 16-year-old girl on the spectrum. She holds an M.A in English Literature from Government Women’s College Thiruvananthapuram. She also holds a diploma in Special Education from the Karnataka Parents Association for the Mentally Retarded Citizens (KPAMRC). Prior to joining CADRRE, she worked at Progressive English School, Sharjah, Indian High School, Dubai and also as a Special Education Trainee in Asha Integrated School Bengaluru. She contributes immensely to CADRRE by bringing in varied ideas and insights through her roles as a mother of a child on the spectrum and as a special educator.



Jisha P Janardhanan
Ayurveda Medical Consultant

Jisha holds a BAMS degree (Bachelor degree in Ayurvedic medicine and Surgery) from University of Kerala. She also holds an M.D Panchakarma from Kerala University. Prior to joining CADRRE she worked at Sheeba Memorial Ayurveda Hospital as a Panchakarma specialist and also Zigma Siddha Ayurveda Clinic and Punargani Ayurveda centre as an Ayurveda physician. She oversees the ayurvedic interventions for our children at CADRRE and also helps the families by assisting them in various feeding issues and sleep disorders associated with ASD.



Sudha Ganesh
Music Therapist

Sudha holds an M.Phil in music and has also undergone a program on ‘Therapeutic Application of sounds and Music, incorporating concepts and practices in Music Therapy’. A very talented musician and therapist, she has also helped many students on the spectrum acquire a university degree in music with her continued support and assistance.



Nayana Chandran
Literacy Teacher

Nayana holds an MA in English Literature from University of Kerala. She also holds a Diploma in Computer Applications. Prior to CADRRE, she worked as an English teacher in various educational institutions like The Govt. Engineering College, The Oxford School, Paadashala and also Vaspi's Institute of English. She also worked as an editorial assistant in New Jyothi Publications. Along with literacy classes for students at CADRRE she takes a great interest in undertaking 'movement therapy' sessions for students, which is an upcoming and sought-after area in Autism therapies.



Lakshmi Raghu
Executive – Communications & Art

Lakshmi holds a master's degree in art history from Stella Maris College. Prior to joining CADRRE she worked with Art Houz and managed their marketing and PR initiatives. She manages the communications at CADRRE which includes the monthly newsletters, social media platforms and all PR initiatives.



Haritha S Mohan
Speech Language Pathologist & Special Educator

Haritha holds a masters in speech language pathology and a bachelor's degree in audiology and speech language pathology. Prior to joining CADRRE she worked as a speech language pathologist at All India Institute of Speech and Hearing. An assiduous and dedicated professional, she puts great effort in providing speech therapy sessions to students at CADRRE



Nandita N K
Literacy Teacher

Nandita holds a Bachelor of Business Management from Kuvempu University, PES Institute of Advanced Management Studies. Prior to joining CADRRE she worked in Lakshya School Shimoga and also Little Millenium Shimoga. A highly creative soul, she is skilled at various art techniques like quilling, crochet, paper craft etc. She inspires the children at CADRRE to use art as a medium of expression and also assists them in clay modelling, pottery etc.



Nayana L R
Speech Language Pathologist

She did her Bachelors from National Institute of Speech and Hearing and her Masters from All India Institute of Speech and Hearing under Mysore University both in Speech Language Pathology. She worked at the Ananthapuri Hospitals, All India Institute of Speech and Hearing (AIISH), Qatar Institute of Speech and Hearing (QISH) prior to joining CADRRE. Her areas of interest include Study of Neurodevelopmental disorders and Social inclusion of Autistic Individuals



Priya Shinoi
Teacher – Literacy

Priya holds a Bachelor's Degree in Literature from MG University and is certified in ABA- hands on training from Dubai. She has nearly eight years of industry experience of working in various companies and educational institutions.



Kavya PB
Occupational Therapist

Kavya holds a Bachelor in Occupational Therapy from KMCH College of Occupational Therapy, Tamil Nadu an institution recognized by All India Occupational Therapist Association (AIOTA) and World Federation of Occupational Therapist (WFOT). Prior to joining CADRRE she did her internship at Kovai Medical Center and Multispecialty hospital, Coimbatore.



Devika S
Speech Language Pathologist

Devika holds a Bachelor's Degree in Audiology and Speech Language Pathology from National Institute of Speech and Hearing, University of Kerala and a Master's degree in Speech Language pathology from All India Institute of Speech and Hearing, University of Mysore. Prior to joining CADRRE she worked as a speech therapist at Clarivoz Centre for Communicative and Cognitive Sciences Trivandrum for a year and did her internships in prominent institutions like NIMHANS Bengaluru, SPASTN Chennai, SCT hospital Trivandrum, KIMS Trivandrum, Santhawana Trivandrum and NISH Trivandrum.



M Kowsalya
Occupational Therapist

Kowsalya holds a bachelor's degree in Occupational Therapy from KMCH College of Occupational Therapy Coimbatore, Dr. M G R Medical University, Chennai. Prior to joining CADRRE she participated in community postings at Veeriyampalayam, Coimbatore, RUSHA Community Centre Primary Health Centre Vellore and Geriatric postings in St. Joseph's geriatric home Podanur.



Shuba Rao
Research Associate – Yoga

Shuba holds a Master's degree in Sericulture from Bangalore University and Bachelor's Degree in Science from University of Bangalore. She also holds a Honors Diploma in Systems Management. Prior to joining CADRRE she worked as a team leader at Paxar India, a global product identification company, and as a business executive at Stella Silks Ltd., Market Development Executive at Solus – a Ranbanxy group company and also as a Management Trainee at Nalli International Inc. She was a faculty member at Royal School of Fashion.



Joshitha Joy
Psychologist and Special Educator

She holds a Master's degree in Psychology from Sree Sankaracharya University of Sanskrit, Kalady and also M.Phil in Rehabilitation Psychology from Osmania University, Hyderabad. She is an expert in Psychological and Behavioural Assessments and Interventions.. Prior to joining CADRRE she worked as a Psychologist in various schools and medical centres .



Soumya Sanathanan
Music Therapist

Soumya did her graduation and post-graduation in Music from Kerala University. She also holds a Master's in Applied Psychology from Annamalai University. She has authored various articles in music-related journals. Her expertise in music along with her knowledge in psychology helps us in providing music therapy sessions for our students at CADRRE.



Anuja Sudheer
Speech language pathologist

Anuja holds a Bachelor's and Master's degree in Speech Language Pathology from National Institute of Speech and Hearing (NISH). A skilled professional with over 10 years of experience in speech therapy prior to joining CADRRE, she was managing an institution founded by her "Clarivoz Centre for Communication and Cognitive Sciences" with the aim of providing therapy to children with ASD as well as guidance and training to SLPs and Special Educators.

The Way Forward

- CADRRE intends to start another centre in the city which will cater to the needs of children in the age group of 12 to 16 years. They will be trained in functional academics and various skills such as pottery, culinary skills, photography, art and more.
- Training on level I and level II of Oral Placement Therapy (OPT), and Picture Exchange Communications System (PECS) to be arranged for CADRRE staff and professionals from other institutions.
- Host the second edition of the International Autism Conference.
- Bring out a project report on the 5-year vision of CADRRE for a 25-30 acre campus on the outskirts of Trivandrum offering services in Autism across the lifespan.
- Implement a secure cloud-hosted app that in addition to doing an efficient web-based school information management, will seamlessly integrate and make easier all the tailor-made work practices in use at CADRRE today, and be easily extendable to cater to future workflows